



PATHWAY FOR STANDARDIZED PATIENT PSYCHOLOGICAL SAFETY

1 INTERVIEW- ARE ANY ROLES TOO CLOSE TO HOME?

The interviewer must ask all SPs if they have any roles that are too close to home. This allows the instructor to gauge what simulations are appropriate for the SP while laying the groundwork for psychological safety.



2 ESTABLISHING A "SAFE" PROTOCOL

A safe word is an additional safety measure to ensure the SP can end the simulation if they feel unsafe- physically or emotionally.



3 OPT IN OPT OUT

Provide the SPs with an overview of the simulation that includes potentially triggering information. This transparency allows the SP to opt in or out.



4 DRESS REHEARSAL-REVISIT OPT OUT

During the dress rehearsal you should review and role play the scenario so that the SP can practice.

New feelings or concerns could arise for the SP. Assure and empower the SP to opt out if needed.



5 DURING SIMULATION- SAFETY BUTTON

During simulation, the SP can hit the safety button on their Avband. This allows for the facilitator to stop the simulation rather than the SP breaking character. This reinforces the idea that the SP will be empowered and feel physiologically safe throughout the simulation process.



6 AFTER SIMULATION- DEBRIEF AND DE-ROLLING

Provide SPs with a time to debrief/deroll. Do not shy away from hard questions such as:

"What went wrong?"
"What made you uncomfortable?"
"Did anything unexpected happen?"

From there you can improve upon your simulations for the next semester and ensure your SPs are psychologically safe.

